

Polish spring traditions

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The first day of spring in Poland

The first day of spring in Poland is an unofficial occasion very popular among children. It is celebrated on March 21 and it is the day when children traditionally play truant. In Poland it is sometimes called a day of being truant. Children don't have lessons but games and competitions.



The first day of spring is an ancient pagan tradition in Poland. It requires the drowning of the “witch” called Marzanna. Marzanna, in this case, is a puppet made especially for this occasion. It is a tradition and then people make dolls that are meant to resemble winter, and then take them out into water or burn them on this day to say good-bye to winter. This is an annual event.



Polish Easter Traditions

Poland is a country full of unique traditions and customs, especially about holidays. Easter is the most important holiday, even more than Christmas. The entire week before Easter is called Holy Week.



Palm Sunday

Exactly 7 days before the main celebrations take place, people gather for a procession with palms. This is the moment when they begin to celebrate. They're usually made of branches of native trees such as willow, yew and olive. Some of the Polish villages organize palm competitions.



EASTER EGGS

In Poland eggs are not only used to eat. As well, they're an important part of the Easter tradition. Children decorate them. After they're ready they are used as a decoration for the Easter table and they're also a part of the Easter bucket.



Blessing of the Easter baskets

Probably one of the most enduring and beloved Polish traditions is Holy Saturday. The food that will be eaten during the Easter feast (eggs, bread, meat and butter) is then blessed. It's a very important tradition in Polish culture so you can often meet entire families participating in it.



Holy Sunday

Sunday morning means the big, traditional, family breakfast. It starts with sharing of the blessed food. It's also the time when everyone wishes each other and themselves all the best.



Easter Bunny

Easter in Poland isn't a holiday when people give each other the presents. It is said that the Easter Bunny hides sweets somewhere in the children's room during the night before Holy Sunday.



Wet Monday

This is a day when young boys set up small groups and they literally do everything they can to make all girls wet.



**Thank you for
your attention**

